# SHREEJA VACHHANI

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#### EDUCATION

# **University of Michigan – Ann Arbor**

Master of Social Work

Expected Graduation: Dec. 2024 Ann Arbor, MI

- Pathway: Interpersonal Practice in Integrated Health, Mental Health, and Substance Abuse (IP)
- **Relevant Coursework:** Applied Assessment Skills in IP, Interpersonal Practice Interventions in IP (Children, Youth, Transitional Youth, and Families), Mental Health and Mental Disorders of Children and Youth, Advanced Evidence-Informed Interpersonal Practice with Families

#### Lawrence University

Graduated Jan. 2021 Appleton, WI

• Lawrence University Dean's List (2017 – 2020), Lawrence University Research Fellow (2019)

## **PROFESSIONAL LICENSURE**

Post-Master's Social Work License (First-Level)

Bachelor of Arts in Neuroscience and Psychology, magna cum laude

Eligible for Licensure: Jan. 2025

#### SOCIAL WORK EXPERIENCE

MSW Intern

Sunfield Center

- Provide individual counseling sessions for clients aged 5-42 with ASD, ADHD, and anxiety, including assessment, intervention, care plan creation, and timely documentation completion
- Co-treat complex behavioral needs & co-facilitate social skills groups with licensed clinicians
- Complete psychosocial assessments during client intakes and present client care needs to interdisciplinary team at weekly case conference to make recommendations for services
- Gather and interpret data from assessments (ECBI, SCQ) to monitor and adjust interventions •
- Implement skills from specialized training in autism diagnostics (ADOS-2, ADI-R) and Parent • Child Interaction Therapy (PCIT) in daily care interventions; provide psychoeducation to parents using Parent Management Training (PMT)
- Produce organization-wide engagement materials to educate professionals and the community on mental health topics

## **Clarice Ullman Freud Fellow**

Office of Field Education, U-M School of Social Work

- Researched best practices and resources to enhance equity-based fieldwork practices for disability awareness and accommodations
- Collaborated with field faculty, MSW students, and U-M Services for Students with Disabilities to improve inter-professional communication and ensure inclusive practices
- Evaluated current disability accommodations practices by surveying 458 MSW students •
- Implemented initiatives based on survey feedback, including email reminders, expanded online • resources, and increased awareness at U-M SSW about disability accommodations

## **Graduate Student Intern**

Trauma-Informed Programs and Practices for Schools, U-M School of Social Work Ann Arbor, MI

- Led focus groups for Michigan school health coordinators and analyzed survey data to evaluate TIPPS training effectiveness and recommend content improvements
- Revised the TIPPS implementation guide to reflect the team's updated vision and ensure consistent • delivery; researched grants and provided feedback on submissions
- Proposed content updates, created pre/post assessment surveys, supervised two undergraduate • projects, and supported collaborations with partners like Ann Arbor Public Schools

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Jan. 2024 - July 2024

Aug. 2023 – July 2024

Ann Arbor, MI

Jan. 2024 - present

Ann Arbor, MI

# Worked closely with children aged 4-7 and their families facing challenges like parental

separation/divorce, high parental anxiety, and prenatal opioid exposure, administering and scoring clinical interviews, neuroimaging scans (fNIRS, fMRI), parent-child interaction tasks, & biospecimen collection

preparation, data collection via REDCap, recruitment, and training lab staff and new project coordinators on neuroimaging methods (fNIRS, EEG, ECG, eye tracking) & study procedures

Led setup and piloting of a longitudinal R01 study, managing IRB protocols, material

#### **Summer Research Assistant**

**RESEARCH EXPERIENCE** 

Center for Healthy Minds, University of Wisconsin-Madison

Project Coordinator and Neuroimaging Research Technician II

Laboratory for Child Brain Development, Washington University in St. Louis

- Developed and pre-registered a study on the neural correlates of maternal affection and children's empathic concern, conducted comprehensive review of literature, led data analysis using R, and presented findings to an audience of 60, including scientists and staff
- Collaborated on a blinded, randomized controlled trial, contributing to procedure development and piloting to ensure study validity

#### **Undergraduate Research Assistant**

Child Assessment Lab, Lawrence University

- Facilitated assessments of 250 preschoolers in a longitudinal study on the impact of a mindfulness-based curriculum on social, emotional, cognitive, and academic skills, while designing and implementing person-centered assessment strategies for children with special needs
- Oversaw data management across two testing sites for consistency and accuracy

#### **RELEVANT SKILLS AND TRAINING**

Languages:	English (Fluent), Hindi (Fluent), Gujarati (Fluent), French (Proficient)
Clinical Skills:	
Assessment & Evaluation:	Biopsychosocial assessment, risk assessment & safety planning,
	administering, scoring, & interpreting clinical assessments and
	diagnostic measures
Interventions & Treatment:	Motivational Interviewing, Cognitive Behavioral Therapy, Play Therapy,
	Parent-Child Interaction Therapy, Solution-Focused Therapy, Trauma-
	Informed Care, evidence-based treatments, crisis intervention
Treatment & Documentation:	Treatment planning, session planning, psychotherapy SOAP notes,
	termination
Case Management:	Client advocacy, coordination of care, boundary setting, cultural humility
Group & Family Work:	Group facilitation, behavior management, psychoeducation
Research & Communication:	Case presentation, documentation, research communication &
	presentation (blogs and social media content)
Technical Skills:	Microsoft Office Suite, R, SPSS, MATLAB, Datavyu
<b>Relevant Training:</b>	NIH, HIPAA, CITI, MINI 7.0.2, ADOS-2, ADI-R, PCIT web course
Specialized Courses:	Working with Transitional Age Youth, Evidence-Based Parenting
	Interventions, Suicide Assessment & Prevention, Infant Mental Health,
	Assessment & Intervention with Preschool Children, Play Therapy

#### REFERENCES

*References are available upon request* 

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July 2021 – June 2023

St. Louis, MO

June 2019 - Aug. 2019

Mar. 2018 – Nov. 2019

Madison, WI

Appleton, WI